



## **SENIOR RESOURCE DIRECTORY**

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The Commission on Aging  
and  
Darien Social Services**

## TABLE OF CONTENTS

Advocacy.....	2
Emergency Response.....	3
Information and Assistance .....	4
Money Matters.....	5,6
Veterans Aid.....	7
Geriatric Assessment .....	8
Counseling and Support Services .....	9,10,11
Stephen Ministers .....	11
Meals/Groceries.....	12
Home Care Services.....	13,14
Home Maintenance and Chores.....	14
People with Special Needs.....	15
Telephone/Community Response.....	16
Legal Information and Services.....	17
Transportation.....	18
Adult Day Care Programs.....	19
Health and Medical Services.....	20
Employment Services.....	20
Recreation/Fitness and Education .....	21,22
Volunteer Opportunities.....	23
Index.....	24,25,26

## **ADVOCACY**

### **MUNICIPAL AGENT FOR THE ELDERLY**

**656-7328**

Darien Social Services, Town Hall [www.darien.org](http://www.darien.org)

Judith Morrison, Director

### **PROTECTION & ADVOCACY FOR PEOPLE WITH DISABILITIES**

60 B. Weston St., Hartford 06120

**1-800-842-7303**

[www.state.ct.us/opapd](http://www.state.ct.us/opapd)

**TTY 1-860-566-2102**

An independent State agency created to safeguard and advance the civil and human rights of people with disabilities.

### **CENTER FOR MEDICARE ADVOCACY, IN**

**860-456-7790**

P.O. Box 350, Willimantic, CT 06226 **Conn. Only 1-800-262-4414**

Legal advice and representation on Medicare issues.

[www.medicareadvocacy.org](http://www.medicareadvocacy.org)

### **PROTECTIVE SERVICES FOR THE ELDERLY**

**251-9392**

1642 Bedford Street, Stamford

Investigates reports of abuse, neglect and exploitation of persons 60 years or older and takes corrective action when necessary.

## **EMERGENCY RESPONSE & HELPLINES**

### **POLICE, FIRE, POST 53**

**911**

Local emergency response

### **POISON CONTROL**

**1-800-343-2722**

Emergency instructions when poisons have been ingested.

### **CRISIS INTERVENTION (24 hr. Hotline)**

**358-8500**

Dubois Center

Services are available 7 days a week through crisis phone lines and mobile crisis teams.

### **DOMESTIC VIOLENCE**

**357-8162**

141 Franklin Street, Stamford, CT.

Free and confidential services for victims of spousal abuse and other family violence.

### **INFOLINE [www.infoline.org](http://www.infoline.org)**

**211**

Free and confidential crisis response and a source of information on human services in the Connecticut area.

## **INFORMATION AND ASSISTANCE**

### **DARIEN SOCIAL SERVICES, TOWN HALL**

**656-7328**

Services include: information and referral, counseling, fuel and renter assistance programs, agent for the elderly, transportation by the Gallivant for the elderly, Friendly Visitor, loan closet for medical equipment, visiting nurse, limited financial assistance. [www.darien.org](http://www.darien.org)

### **PROTECTIVE SERVICES FOR THE ELDERLY**

**251-9392**

Will check reports of neglect, abuse, exploitation, abandonment.

### **INFOLINE [www.infoline.org](http://www.infoline.org)**

**211**

24 hours, 7 days, a centralized, free source of information on human services.

### **ELDERCARE LOCATER**

**1-800-677-1116**

[www.aoa.dhhs.gov](http://www.aoa.dhhs.gov)

Monday through Friday, information on elderly services in other areas. Provide zip code of person you want to assist.

### **ELDERLY SERVICES, INFORMATION & REFERRAL**

Dept. of Social Services, Hartford [www.dss.state.ct.us](http://www.dss.state.ct.us) **1-800-994-9422**

### **SOUTHWESTERN CONN. AGENCY ON AGING**

[www.swcaa.org](http://www.swcaa.org)

**1-800-994-9422**

Regional information and assistance on aging issues and services, health insurance counseling on options supplementing Medicare.

### **PHOTO IDENTIFICATION CARD**

**1-800-842-8222**

For adults without drivers' licenses.

## **MONEY MATTERS**

### **FINANCIAL ASSISTANCE**

**656-7328**

Darien Social Services, Town Hall

Provides direct aid to eligible individuals and families on a short-term basis.

### **RENTERS REBATE**

**656-7328**

Darien Social Service, Town Hall

Through a State program a refund is given on yearly rentals for eligible elderly or disabled Darien residents.

### **SOCIAL SECURITY**

**1-800-772-1213**

2 Landmark Square, Stamford [www.ssa.gov](http://www.ssa.gov)

Information on Social Security, Medicare and Supplemental Security Income, Disability Assistance. Call first

### **STATE SUPPLEMENT FOR THE AGED**

**251-9300**

State Dept. of Social Services, 1642 Bedford Street, Stamford 06905

Financial assistance for eligible low income elderly residents.

### **TAX RELIEF FOR THE ELDERLY OR DISABLED**

**656-7310**

Tax Assessor, Town Hall, Darien

A State program, property taxes are reduced for eligible Darien residents.

**Tax Deferral Program for the Elderly or Disabled. Call for Information and guidelines.**

### **HICAP (Health Insurance Counseling)**

**1-800-994-9422**

Southwestern Conn. Agency on Aging [www.swcaa.org](http://www.swcaa.org) **1-203-333-9288**

### **INCOME TAX PREPARATION (VITA)**

**594-5003**

New Canaan Library - February-April—Call for Appt.

## **MONEY MATTERS**

### **UNEMPLOYMENT COMPENSATION 348-2696**

Conn. Work Center, 1340 Washington Blvd. Stamford

### **ConnPACE (RX Drug Assistance) 1-800-423-5026**

25 Sigourney Street, Hartford, CT 06106 [www.dss.state.ct.us](http://www.dss.state.ct.us)

Eligible seniors or disabled citizens pay less for prescription drugs.

Income limits apply.

### **MEDICAID (Title XIX) 251-9300**

1642 Bedford Street, Stamford, CT 06905

State medical program for seniors who qualify. Income and asset limits apply.

### **MEDICARE PRESCRIPTION DISCOUNT CARD 1-800-MEDICARE [www.medicare.gov](http://www.medicare.gov)**

Go online or call for information and guidelines

### **QMB (Qualified Medicare Beneficiary) 1-800-994-9422**

A program that helps with Medicare Premiums for those eligible.

Income and asset limits apply.

### **CONSUMER CREDIT COUNSELING 1-800-781-2227**

[www.creditcounseling.org](http://www.creditcounseling.org)

Non-profit community service offers financial counseling, debt management.

### **FUEL ASSISTANCE (State Fuel Assistance) 656-7328**

Darien Social Services, Town Hall

Awards vary with income and family size. Income and asset limits apply.

***Operation Fuel***—Assistance for those above State income guidelines, income limits apply.

***Darien Fuel Bank***—Assistance for those who do not fit into any other fuel programs. Grants are on a case by case basis

## **VETERANS AID**

**CONN. DEPART. OF VETERANS AFFAIRS** **1-800-827-1000**

287 West Street, Rocky Hill 06067 [www.ctdol.state.ct.us](http://www.ctdol.state.ct.us)

[www.state.ct.us/ctva](http://www.state.ct.us/ctva)

Stamford office 1340 Washington Blvd. Open the fourth Friday  
of each month from 8:00 –12 p.m.

**348-2696**

Help with benefits and other concerns of veterans.

**SOLDIERS, SAILORS, MARINES**

**1-203-579-6233**

360 Fairfield Avenue, Bridgeport 06604 [www.state.ct.us/ssmf](http://www.state.ct.us/ssmf)

Temporary financial aid to veterans and their families.

**VETERANS OF FOREIGN WARS (VFW) POST 6933**

**655-8552**

205 Noroton Avenue, Noroton Heights.



## **GERIATRIC ASSESSMENT**

Evaluation of seniors' functioning within their environment. Care plan, information and referral to seniors and their families.

**BROWN GERIATRIC EVALUATION CLINIC** **594-5200**

**[www.waveny.org](http://www.waveny.org)**

Waveny Care Center, New Canaan, CT 06840

**NORWALK HOSPITAL GERIATRIC ASSESSMENT** **852-3112**

**[www.norwalkhealth.org](http://www.norwalkhealth.org)**

**Vittoria Gassman, M.D. , Michael Marotta, P.A.**

**Not open every day. Call**

**YALE GERIATRIC ASSESSMENT CENTER** **1-203-688-6361**

**[www.ynhh.org](http://www.ynhh.org)**

Comprehensive geriatric assessment. The Center evaluates patients with age- related problems that affect daily functioning. Individuals with recent and decline threatened loss of independence are particularly suitable.

**GERIATRIC HEALTH AND RESOURCE CENTER**

**GREENWICH HOSPITAL**

**1-203-863-3000**

**[www.greenhosp.org](http://www.greenhosp.org)**

A home visit program for evaluation of safety in the home. There is a fee dependent upon income. Check with Center for guidelines.

**BURKE REHABILITATION MEMORY EVALUATION CENTER**

**White Plains, NY**

**1-914-597-2500**

## **COUNSELING AND SUPPORT SERVICES**

### **DARIEN SOCIAL SERVICES**

**656-7328**

### **ALZHEIMER'S ASSOC, Fairfield Chapter**

**1-800-272-3900**

Support groups for patients as well as caregivers. [www.alz.org](http://www.alz.org) **845-0010**

### **FAMILY CENTERS, INC.**

**655-0547**

17 Old King's Highway So., Darien, [www.familycenters.org](http://www.familycenters.org)

Individual, family and group counseling.

### **FAMILY AND CHILDREN'S AGENCY**

**855-8765**

9 Mott Avenue, Norwalk 06850, [www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)

Individual, family and group counseling.

### **DUBOIS CENTER**

**388-1600**

780 Summer Street, Stamford

**Crisis Program 358-8500**

Wide range of mental health services. Crisis, individual and group counseling.

### **JEWISH FAMILY SERVICES**

**921-4161**

111 Prospect Street, Stamford, [www.stamfordjfs.org](http://www.stamfordjfs.org)

Non sectarian services include individual, couple and group counseling

### **ALCOHOLICS ANONYMOUS, [www.neighborhoodusa.com](http://www.neighborhoodusa.com)**

12-step program. Call for local meetings.

**323-3115**

### **LMG, [www.lmgprograms.org](http://www.lmgprograms.org)**

**325-1511**

159 Colonial Road, Stamford 06906

Substance abuse healthcare agency and a wide range of drug and alcohol addiction services. There is a program specifically for seniors.

### **NORWALK HOSPITAL ALCOHOL REHAB.**

**852-2988**

Maple Street, Norwalk 06850

Inpatient and day treatment program for alcohol addiction.

## **COUNSELING AND SUPPORT SERVICES**

### **FRIENDLY VISITOR PROGRAM**

**656-7321**

Town Hall, Darien, Inta V. Adams, Coordinator

**e-mail: [iadams.ci.darien.ct.us](mailto:iadams.ci.darien.ct.us)**

Friendly Visitors provides volunteer visitor to older Darien residents who are in need of companionship.

### **CENTER FOR HOPE**

**655-4693**

590 Post Road, Darien

**[www.centerforhope.org](http://www.centerforhope.org)**

Counseling and programs with special expertise in the impact of illness and loss on individuals, of all ages, and families.

### **BENNET CANCER CENTER**

**276-7199**

34 Shelburne Road, Stamford **[www.stamhealth.org](http://www.stamhealth.org)**

### **ARTHRITIS FOUNDATION,**

**1-860-563-1177**

**[Www.arthritis.org](http://Www.arthritis.org)**

35 Cold Spring Rd., Rocky Hill—Conn. Chapter

### **DIAL A PRAYER**

**655-7729**

Noroton Presbyterian Church

A daily inspirational recording.

### **REHABILITATION CENTER of SOUTHWESTERN CT. 276-2660**

Tully Center, Stamford

### **CATHOLIC FAMILY SERVICES**

**323-1105**

1986 Post Road, Darien **[www.bridgeportdiocese.com](http://www.bridgeportdiocese.com)**

Caregivers support group and professional counseling services.

Senior Nutrition

### **FRIENDLY CONNECTIONS**

**656-1128**

Family Centers Inc.

20 Bridge St., Greenwich 06830

**[www.familycenters.org](http://www.familycenters.org)**

**Telephone Support Group** offers support, socialization, recreation, discussion and lectures. **Telephone Reassurance**—volunteers make daily phone calls to elderly and homebound.

## **STEPHEN MINISTERS**

Stephen Ministers are trained church members who volunteer to act as a support and mentor to those who are facing personal challenges.

**FIRST CONGREGATIONAL CHURCH** **655-0491**  
(Caret Ministry) 14 Brookside Road, Darien

**NOROTON PRESBYTERIAN CHURCH** **655-1451**  
2011 Post Road

**ST LUKE'S EPISCOPAL CHURCH** **655-1456**  
1864 Post Road, Darien

**ST. THOMAS MOORE CHURCH** **655-3303**  
374 Middlesex Road, Darien

## **MEALS/GROCERIES**

### **DARIEN SENIOR CENTER,**

**655-1705**

30 Edgerton Street, Director Nancy Zengo

Caroline Lewis, Assistant Director [www.darien.org](http://www.darien.org)

A nutritious lunch served five days a week Monday through Friday.

The cost is \$4.00. Reservations must be made by 11:30 for the noon meal.

### **MEALS ON WHEELS**

**323-3294**

945 Summer Street, Stamford

[www.getmealsonwheels.org](http://www.getmealsonwheels.org)

Home delivered meals, cost on a sliding scale.

### **SENIOR NUTRITION**

**324-6175**

Home delivered meals. Referrals must be made by a hospital, doctor or social service agency and client must be **unable** to prepare their own meals.

### **PERSON-TO-PERSON FOOD PANTRY**

**655-0048**

St. Luke's Church, Darien [www.darien.org](http://www.darien.org)

Emergency food for residents in need. Referral must be made by a social worker.

### **FOOD STAMPS**

**251-9323**

State Dept. of Social Services, 1642 Bedford St.,

Stamford [www.dss.state.ct.us](http://www.dss.state.ct.us)

A nutrition program to assist elderly and disabled residents purchase food. Income and asset limits apply.

### **RED CROSS SHOPPER**

**655-2586**

[www.darien.org](http://www.darien.org)

Grocery shopping by volunteers for elderly or disabled residents.

## **HOME CARE SERVICES**

### **CONN. HOME CARE FOR ELDER**

**1-860-424-4904**

**[www.swcaa.org](http://www.swcaa.org)**

A program of Conn. Dept. of Social Services contracted with Southwestern Conn. Agency on Aging, which funds a variety of home care services as an alternative to nursing home care. Income and asset restrictions.

### **FAMILY & CHILDREN'S AGENCY**

**855-8765**

9 Mott Avenue, Norwalk **[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)**

HomeCare *Plus* Dept. offers a range of health care services to residents. Services include companion, escort, homemaker, chore and carpenter services. Call to inquire about cost.

### **JEWISH FAMILY SERVICES**

**921-4161**

111 Prospect Street, Stamford

**[www.stamfordjfs.org](http://www.stamfordjfs.org)**

Non sectarian services, home companion services.

### **NURSING & HOME CARE, INC.**

**1-800-898-4663**

#### **MID-FAIRFIELD HOSPICE**

180 School Road, P.O. Box 489 Wilton, CT 06897

**[www.visitingnurse.net](http://www.visitingnurse.net)**

Home health care services, visiting nurses, home health aides, bath service, companions, assisted living at home program, Hospice and respite care. Medicare-certified, non-profit agency.

## **HOME CARE SERVICES**

### **CONN. ALZHEIMER'S RESPITE CARE**

**1-203-333-9288**

**[www.swcaa.org](http://www.swcaa.org)**

Offers caregivers some "time-off" from the responsibility of caring for family members. Funds are available for adult day care, in-home care, and short-term, out-of-home respite.

### **LOAN CLOSET**

**656-7328**

Darien Social Services, Town Hall

Short-term loans of wheelchairs, canes, and walkers.

### **VISITING NURSE & HOSPICE**

**276-3000**

1029 East Main Street, Stamford. Non-profit Agency

## **HOME MAINTENANCE AND CHORES**

### **FAMILY & CHILDREN'S AGENCY**

**855-8765**

9 Mott Avenue, Norwalk 06850 **[www.familyandchildrensagency.org](http://www.familyandchildrensagency.org)**

Chore Service. Home care staff performs chores, including heavy duty homecleaning, maintenance and home repairs.

### **JOBS OFFICE - Call between 11 a.m.-1 p.m.**

**655-3113**

Darien High School

Students available after school and weekends for snow shoveling, and raking leaves. **Call YOUTH OPTIONS during summer months**

**655-8973**

<b>PEOPLE WITH SPECIAL NEEDS</b>
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**DEAF AND HEARING IMPAIRED****1-860-231-8756**

67 Prospect Ave., Hartford 06106

**1-800-708-6796**

Interpreting counseling and job services

**ALZHEIMER'S ASSOCIATION—Norwalk Chapter****845-0010**

607 Main Ave. Norwalk 06851 - 24 hr. helpline

**1-800-272-3900****[www.alz.org](http://www.alz.org)**

Information, assistance, literature and referrals. Safe Return Program.

Support groups, Respite Program.

**BOARD OF EDUCATION FOR THE BLIND****1-800-842-4510**

184 Windsor Ave., Windsor, CT 06095

**1-860-249-8525**

Provides comprehensive home and community services for legally blind persons of all ages.

**VOLUNTARY SERVICES FOR THE BLIND****324-6611**

945 Summer St., Stamford 06905

Volunteer readers, drivers, visitors and clerical assistants

**DARIEN LIBRARY, DIAL-A-BOOK****655-2568**

35 Leroy Avenue, Darien

**[www.darien.lib.ct.us](http://www.darien.lib.ct.us)**

A Darien Library service for all ages temporarily or permanently homebound. Books, videos, books-on-tape and other items may be borrowed. Service is free. Volunteers will deliver to your home and return borrowed items to the Library.



<b>TELEPHONE/COMMUNITY RESPONSE</b>
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**FRIENDLY CONNECTIONS****656-1128**

Family Center, Inc., Darien

**[www.familycenters.org](http://www.familycenters.org)**

Daily calls to elderly clients by volunteers. Telephone group calls offering news, discussion, and bingo.

**MEDIC ALERT****1-800-432-5378**

I.D. bracelet with vital statistics and drug allergies printed on back.

**LIFELINE OF SOUTHWESTERN CONN.****853-3116**

137 East Avenue 2nd fl., Norwalk, 06851

**[www.darien.org](http://www.darien.org)**

A 24 hour emergency response system with small personal “help” button to summon immediate aid.

**POSTAL CARRIER ALERT****656-7328**

Darien Social Services, Town Hall

Postman will alert a contact person if mail has accumulated after a couple of days.

**YELLOW DOT PROGRAM****656-7328**

Designed to alert emergency personnel of vital information about a Senior Citizen in case of an accident or other medical emergency.

## **LEGAL INFORMATION AND SERVICES**

**FAIRFIELD COUNTY LAWYER  
REFERRAL SERVICE**, Bridgeport

**1-203-335-4116**

**CONNECTICUT LEGAL SERVICES**

**348-9216**

20 Summer Street, Stamford

**[www.connlegalservices.org](http://www.connlegalservices.org)**

Income and asset limits apply.

**BETTER BUSINESS BUREAU**

**1-203-269-2700**

**[www.connecticut.bbb.org](http://www.connecticut.bbb.org)**

**CONNECTICUT LAWYERS LEGAL AID TO  
THE ELDERLY**

**1-860-273-4303**

151 Farmington Avenue, Hartford 06156

Free legal services to those who fall within legal guidelines.

**CONSUMER LAW PROJECT FOR ELDERS  
CONNECTICUT LEGAL SERVICES, INC.**

**1-800-296-1467**

**Free legal help** for seniors with consumer problems

Monday-Friday 9 a.m.—5 p.m.

## **TRANSPORTATION**

### **DARIEN RED CROSS**

**655-2586**

**[www.ctredcross.org/darien](http://www.ctredcross.org/darien)**

39 Leroy Avenue, Darien

Transportation to medical appointments. Give 48 hr. notice

### **EASY ACCESS - NORWALK TRANSIT**

**“Dispatch a Ride”**

**299-5180**

275 Wilson Avenue

Door-to-Door Transportation Service for people with disabilities

Call for more information

### **GALLIVANT**

**655-2227**

Call Darien Social Services for more information

**656-7328**

Door-to-door transportation service for Darien’s older citizens as well as physically disabled residents. Wheelchair accessible.

### **HANDICAPPED PARKING PERMITS**

**1-800-842-8222**

Department of Motor Vehicles

Applications are available at Darien Social Services, Town Hall.

## **ADULT DAY CARE PROGRAMS**

A structured daytime program for elderly persons in the community who need supervision or socialization. Transportation may be available

### **PATCHWORK'S ADULT DAY SERVICES AT STAMFORD HEALTH SYSTEM**

**276-7388**

26 Palmer's Hill Road

Open six days a week Monday through Friday 8 a.m. to 5 p.m.

Saturday 9 a.m. to 3 p.m.

**[www.stamhealth.org](http://www.stamhealth.org)**

### **ELDERHOUSE, INC.**

**847-1998**

7 Lewis Street, Norwalk 06851

Open five days a week Monday through Fridays 8a.m.-5 p.m..

**CARE GIVERS NIGHT OUT**—Tuesday & Thursday 8a.m.-7 p.m.

**[www.elderhouse.net](http://www.elderhouse.net)**

### **WAVENY CARE CENTER**

**594-5200**

3 Farm Rd. New Canaan 06840

Open five days a week Monday through Friday—8 a.m.-3 p.m.

**[www.waveny.org](http://www.waveny.org)**

## **HEALTH AND MEDICAL SERVICES**

### **NORWALK COMMUNITY HEALTH CENTER**

121 Water Street, Norwalk, CT 06854

**203-899-1770**

Affiliated with Norwalk Hospital.

### **AMERICARE FREE CLINIC**

**899-2493**

98 South Main Street, South Norwalk, CT

### **LIONS LOW VISION CENTER**

**1-203-863-3295**

#### **Cheryl Feldheim, Contact**

55 Holly Hill Lane, Greenwich, Conn. 06830

The Center is for individuals who are in need of low vision devices or counseling on activities of daily living.

### **THE DENTAL CENTER**

**969-0802**

587 Elm Street, Stamford, CT 06902

Accepts most dental insurances including Medicaid . If there is no dental Insurance there is a sliding fee scale

### **STAMFORD HEALTH SERVICES, FAMILY MEDICINE**

**353-2020**

Tully Center, 32 Strawberry Hill Court

Medicaid accepted and sliding scale

### **DEPT. OF ENVIRONMENTAL PROTECTION**

**1-860-424-3000**

## **EMPLOYMENT SERVICES**

### **CONN. WORK CENTER, JOB CENTER**

**348-2696**

1340 Washington Boulevard, Stamford, CT

### **SERVICE CORP. OF RETIRED EXECUTIVES**

**847-7348**

(SCORES) 24 Belden Avenue, Norwalk

## **RECREATION/FITNESS AND EDUCATION**

**DARIEN TOWN HALL** 656-7300  
Fishing, Clamming and Hunting Licenses.

**YMCA** 655-8228  
2420 Post Road, Darien

**YWCA** 655-2535  
49 Old Kings Highway North, Darien

**CHARTER OAK PASS** 1-860-424-3200  
Free pass to CT State Parks for adults 65 and over  
[www.dep.state.ct.us/stateparks/passes.htm](http://www.dep.state.ct.us/stateparks/passes.htm)

**FIT FOR LIFE** 852-2038  
**Norwalk Hospital**

**DARIEN 60+ CLUB** 655-9050  
274 Middlesex Road, (DCA) Thursdays  
**DARIEN SENIOR MEN'S CLUB** 655-9050  
Wednesdays at 10 a.m.  
Darien Community Association  
274 Middlesex Road

**DARIEN ADULT EDUCATION** 656-7467  
Darien seniors 62 and over are offered a 10% discount on all classes  
P.O. Box 1167, Darien, CT 06820-1167  
[www.darien.k12.ct.us/adulteducation](http://www.darien.k12.ct.us/adulteducation)

## RECREATION/FITNESS AND EDUCATION

### COLLEGE COURSES

Many nearby colleges offer to discount or waive their course fees

**DARIEN SENIOR CENTER** 655-1705  
30 Edgerton Street, Mon.-Fri. [www.darien.org](http://www.darien.org)

**CONTINUING EDUCATION, STAMFORD**  
**Senior Discount** 977-4209  
369 Washington Blvd. Stamford, 06902

**CONTINUING EDUCATION, DARIEN** 656-7467  
Ed Gomez [www.edgomez@dairan.k12.ct.us](mailto:www.edgomez@dairan.k12.ct.us)

**CONTINUING EDUCATION, NORWALK** 854-4115  
125 East Avenue, Norwalk 06852

**DARIEN COMMUNITY ASSOCIATION** 655-9050  
274 Middlesex Road

**LITERACY VOLUNTEERS OF AMERICA** 853-7437  
1 Belden Ave., Norwalk, CT (English as a second language)

**DARIEN LIBRARY** [www.darien.lib.ct.us](http://www.darien.lib.ct.us) 655-2568  
Go online or call for current calendar of events.

**ELDERHOSTEL** 1-877-426-8056  
11 Avenue de Lafayette, Boston, MA 02111 [www.elderhostel.org](http://www.elderhostel.org)  
Not for profit educational adventure for adults 55 and older.

**LIFETIME LEARNERS** 857-7316  
Norwalk Community Technical College, 188 Richards Avenue

## **VOLUNTEER OPPORTUNITIES**

<b>FRIENDLY VISITOR PROGRAM</b> Town Hall, 2 Renshaw Road Inta V. Adams, Coordinator This program provides volunteer visitors to older Darien residents who are in need of companionship.	<b>656-7321</b>
<b>RED CROSS</b>	<b>655-2586</b>
<b>PERSON-TO-PERSON</b> Judy Kilmartin, Director of Volunteers	<b>655-0048</b>
<b>DARIEN SENIOR CENTER KITCHEN</b> Nancy Zengo, Director	<b>655-1705</b>
<b>AARP</b>	<b>655-0538</b>
<b>MEALS-ON-WHEELS</b> 945 Summer Street, Stamford 06905	<b>323-3294</b>
<b>RETIRED &amp; SENIOR VOLUNTEER PROGRAM (RSVP)</b> 98 South Main Street, Norwalk	<b>899-2442</b>
<b>VOLUNTEER CENTER</b> 62 Palmer Hill Road, Stamford	<b>348-7714</b>



## INDEX

- Alcoholics Anonymous, 9  
Alzheimer's Assoc. , 9, 14, 15  
Americare Free Clinic, 20  
Arthritis Foundation, 10
- AARP, 23  
Bennet Cancer Center, 10  
Better Business Bureau, 17  
Blind, Board of Education , 15  
Blind, Voluntary Services for, 15  
Brown Bag Book Talks, 22  
Brown Geriatric Assessment, 8  
Burke Rehab Memory Evaluation  
Center, 8  
Catholic Family Services, 10  
Center for Hope, 10  
Center for Medicare Advocacy, 2  
Charter Oak Pass, 21  
College Courses, 22
- ConnPACE, 6  
Consumer Credit Counseling, 6  
Consumer Law Project for Elders, 17  
Continue Ed., Darien, 22  
Continuing Ed., Stamford, 22
- Continuing Ed., Norwalk, 22  
CT Dept. of Labor, 20  
CT Lawyers Legal Aid to the Elderly, 17  
CT Legal Services, 17  
Crisis Intervention, 3
- Darien Adult Education, 21  
Darien Community Assoc. , 22  
Darien Library, 4, 15, 22  
Darien Red Cross, 12, 18, 23,
- Darien Senior Center, 12, 22, 23  
Darien Senior Men's Club, 21  
Darien Social Services, 4, 9,  
Darien 60+ Club, 21  
Darien Town Hall, 21
- Deaf and Hearing Impaired, 15  
Dental Health Clinic, 20  
Dial-A-Prayer, 10  
Domestic Violence, 3  
Dubois Center, 9
- Easy Access, Norwalk Transit, 18  
Eldercare Locator, 4

## 25—Index

- Elderhostel, 22
- Elderhouse, Inc., 19
- Elderly Services, 4
- Environmental Protection, Dept. of, 20
- Family Center, Inc., 9
- Family & Children's Agency, 9, 13, 14
- Fairfield County Lawyer Referral, 17
- Financial Assistance, 5
- First Congregational Church, 11
- Food Stamps, 12
- Fit For Life, 21
- Friendly Connection, 11, 16
- Friendly Visitor Program, 10, 23
- Fuel Assistance, 6
- Gallivant, 18
- Geriatric Health & Resource, Green.Hosp., 8
- Geriatric Assessment, Norwalk Hospital, 8
- Geriatric Assessment, Yale New Haven, 8
- Handicapped Parking Permits, 18
- Health Services of Stamford, 20
- HICAP, 5
- Home Care for Elders, 13
- Income Tax Preparation, 5
- Infoline, 3, 4
- Jewish Family Services, 9, 13
- Jobs Office, 14
- Legal Services, (See CT)
- LMG, 9
- Lifeline of Southwestern Conn., 16
- Lifetime Learners, 22
- Lions Low Vision Center, 20
- Literacy Volunteer, 23
- Literary Volunteers of America, 22
- Loan Closet, 14
- Meals on Wheels, 12, 23
- Medic Alert, 16
- Medicaid (Title XIX), 6
- Medicare Prescription Discount Card, 6
- Mid-Fairfield Hospice, 13
- Municipal Agent for Elderly, 2
- Noroton Presbyterian Church, 11
- Norwalk Community Health Ctr., 20
- Norwalk Hospital Alcohol Rehab, 9
- Nursing & Home Care, Inc., 13

## 26—Index

- Patchwork Adult Day Services, 19  
Person-to-Person Food Pantry, 12, 23  
Photo Identification Card, 4  
Poison Control, 3  
Police, Fire, Post 53, 3  
Postal Carrier Alert, 16  
Protection & Advocacy for  
    People with Disabilities, 2  
  
Protective Services, 4  
Protective Services for Elderly, 2  
QMB (Qualified Medicare  
    Beneficiary), 6  
  
Rehabilitation Center of SW Conn. , 10  
Red Cross Transportation, 18  
Red Cross Shopper, 12  
Renters Rebate, 5  
Retired & Senior Vol. Program, 23  
  
St. Luke's Episcopal Church, 11  
St. Thomas Moore Church, 11  
  
Senior Nutrition, 12  
SCORES (Service Corp. of  
    Retired Executives, 20  
  
Social Security, 5  
Social Service of Darien, 4, 9  
Soldiers, Sailors, Marines, 7  
Southwestern CT Agency on Aging, 4  
State Supplement for Aged, 5  
  
Tax Relief for the Elderly, 5  
  
Unemployment Compensation, 6  
  
Veterans Affairs, Dept. of , 7  
Visiting Nurse & Hospice, 14  
Volunteer Center, 23  
Waveny Care Center, 19  
  
Yellow Dot, 16  
YMCA, 21  
YWCA, 21

## NOTES

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